



GULNAZ FAZLYEVA

06



ABOUT

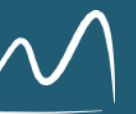
Life-long adventurer who lived many different lives on her journey - as an entrepreneur, traveller, yogi, and a mother.



WHAT SHE DID

Gulnaz has lived different kinds of lives on her journey, exploring her different passions, talents, yearnings, and identities one by one.

- Born in Russia, at the age of 18, she moved to London, craving for adventures and freedom from parents, where she worked as a waitress.
- Upon her return, she was a student, an interpreter, and a high-earning manager.
- • When the pain of not living up to her values became stronger than desire to stay in a comfort zone, she quit her high-paying job, sold all her belongings, and went to India to nurture her spiritual side. Living frugally and sometimes not having the money or a place to stay, helped her see the things for what they truly are – things. Living in India was an emotional reset and the zeroing of the ego.
- Upon her return she became an entrepreneur. She sold her apartment to buy a language school franchise.
- Finally, she became a mother, pouring her heart and soul into raising her daughter all by herself. It's not always easy being a single mother, but she wouldn't trade it for the world!



HOW SHE DID IT

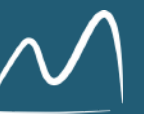
She never had any expectations of how life should unfold. Instead, she trusted the universe and embraced what was on offer.

Gulnaz is a ninja of 'bias towards action' approach. Instead of spending decades wondering 'what if...' she tries things out and if they don't work out, she learns about herself and moves on.

She is also someone who skilfully balances nourishing her heart, mind, and soul throughout life, pursuing lives that not only advance her professionally, but develop her spirituality and fill her heart with love.

WHY SHE DID IT

Gulnaz was always fascinated by so many different options and direction she could take. Instead of hypothesising about each one for years, she dedicated a period of her life to explore each one.





ADVICE TO TRAILBLAZERS

Want to change your job?

If you know what you want, take even the smallest step in that direction. If you don't know what you want – do what you do and give 110% to it. You will either fall in love with your job or a new exciting opportunity will present itself.

